

God Is Good All the Time

The Holy Family of Jesus, Mary & Joseph

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O God, who were pleased to give us the shining example of the Holy Family, graciously grant that we may imitate them in practicing the virtues of family life and in the bonds of charity, and so, in the joy of your house, delight one day in eternal rewards.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Collect, The Roman Missal



Catholic Adult Education — December 30, 2018

The Feast of the Holy Family

The Holy Family is the name given to the family unit of Jesus: The Divine Son of God Jesus, his mother the Virgin Mary, and his foster-father Joseph. We know very little about the life of the Holy Family through the canonical Gospels. They speak of the early years of the Holy Family, including the birth of Jesus in Bethlehem, the flight into Egypt, and the finding of Jesus in the temple. Various non-canonical works, including the *Infancy Gospel of Thomas*, try to fill in the blanks. However, even though these apocryphal works may contain some truth derived from oral tradition, they have been deemed unworthy of canonical status because of the way they present Jesus. While the exact details of the day-to-day life of the Holy Family may be unknown, we can still learn a lot from the stories we do have.

Devotion to the Holy Family is a recent development, but one that naturally grows out of a love for Jesus and his family. It grew in popularity in the 17th century, and several religious congregations have been founded under this title. The Holy Family also became portrayed in popular art of the period. On October 26, 1921 the Congregation of Rites (under Pope Benedict XV) inserted the Feast of the Holy Family into the Latin Rite general calendar. Until then it had been celebrated regionally. Popes before and including Benedict XV (especially Leo XIII) promoted the feast as a way to counter the breakdown of the family unit. Today the Church celebrates the Feast on the Sunday between Christmas and New Year's Day (Known as the Feast of Mary Mother of God in the Catholic Church). If both Christmas and New Year's Day fall on Sundays, no Sunday exists between the two dates, so the Church celebrates the Holy Family Feast on December 30th. If the feast falls on the 30th, attendance is not obligatory. Up until 1969, the Holy Family feast was kept on the first Sunday after the Epiphany. It was transferred to its current date in 1969.

The Feast of the Holy Family is not just about the Holy Family, but about our own families too. The main purpose of the Feast is to present the Holy Family as the model for all Christian families, and for domestic life in general. Our family life becomes sanctified when we live the life of the Church within our homes. This is called the "domestic church" or the "church in miniature." St. John Chrysostom urged all Christians to make each home a "family church," and in doing so, we sanctify the family unit. Just how does one live out the Church in the family? The best way is by making Christ the center of family and individual life. Ways to do this include: reading scripture regularly, praying daily, attending Mass at least on Sundays and Holy Days of Obligation, imitating the actions of the Holy Family, going to confession frequently, and so forth, all done together as a family unit. Read more at: <http://www.churchyear.net/holyfamily.html>